



Trinity Lutheran Church

2221 North Oak Lane  
State College, PA 16803  
814-238-2024 www.trinitystatecollege.org



*Altar Flowers  
are given to the  
Glory of God by  
Jim & Bonnie Knapp  
in memory of their  
parents, Samuel &  
Sadie Knapp and  
Floyd Eddinger*

PRAYER LIST

TLC DISCIPLES

Carol Bernlohr, Jerry Wion,  
Jim Reynolds, Carolyn Kresen,  
Paula Raynar

TLC FRIENDS

Alan Sellner, Marty, Jessica  
(auto accident), Family of Judi  
(died of lung cancer)

TRINITY EVENTS

SATURDAY, MARCH 16

10:00 am Zumba  
5:00 pm Worship with Communion

SUNDAY, MARCH 17

8:15 am Worship with Communion  
9:30 am Sunday School  
10:45 am Worship with Communion  
11:45 am Social Time

1:00 pm Care of Creation Hike

MONDAY, MARCH 18

10:00 am Foxdale Bible Study  
7:00 pm Bible Study/Acts

TUESDAY, MARCH 19

5:45 pm Zumba  
7:00 pm Council Meeting

WEDNESDAY MARCH 20

6:00 pm Soup & Salad Dinner  
7:00 pm Holden Evening Prayer

THURSDAY, MARCH 21

5:45 pm Zumba  
6:00 pm Bells  
7:00 pm Choir

SATURDAY, MARCH 23

10:00 am Zumba  
5:00 pm Worship with Communion

SUNDAY, MARCH 24

8:15 am Worship with Communion  
9:30 am Sunday School  
10:45 am Worship with Communion  
11:45am Social Time

12:30 pm Deeper Waters to Movies



Organ Concert

by

Jim Rearick

March 31st @ 3:00 pm

at

St Paul's Lutheran Church  
Pine Grove Mills

EASTER FLOWER ORDER

FORMS

are on the stand in the back of  
the sanctuary

Flowers are \$10/pot

White Lilies, Tulips or Hyacinths

Orders are due no later than

Sunday, March 31st

Please include payment with  
order form

BAPTISMS on MARCH 17TH

Elowen Jean Kendall

born Jan. 9, 2019

daughter of Angela and Reuben  
Kendall

And

Aaron Dale Hunt , father

Aden Barry Hunt, son

Eva Kavi Hunt, daughter

181 Teasel Way

Bellefonte, PA 16823

READING

March 17

Genesis 15:1-12, 17-18

Philippians 3:17--4:1

Luke 13:31-35

CARE OF CREATION HIKE

TODAY, MARCH 17th

Sign up sheet on the door to  
Fellowship Hall

Lunch provided, Hike 1:00 pm



Dear Sisters and Brothers in Christ,

Like you I receive lots of email, some I have requested but others have somehow found their way to my email. Many go straight to the Trash file, but some I find helpful, like this one. As we think about your children and young adults, this is a great article to ponder. Enjoy!

Peace,

Pastor Ron

## **How Boredom Changed One Girl's Life**

Tim Elmore

Ruby Kate Chitsey is only 11 years-old. Since she's so young, and has a working mom, she can't just run off the way some of her classmates do after school. So, Ruby Kate, often joins her mom at work. Her mother is a nurse practitioner at local nursing homes in Arkansas.

Needless to say, a kid can get bored in a nursing home.

Boredom, however, can lead to positive outcomes. Neuroscience tells us that in times of boredom, our brains can develop *creativity* and *empathy*. For Ruby Kate -- both happened the same day. She was in a sitting room and noticed a resident staring out the window intently, almost as if she was looking for something or for someone. The resident sat in a wheelchair, quiet and still. So--Ruby Kate approached her and asked what she was doing. She found out the old woman was watching her dog that she'd owned for 12 years, exit with a friend, not knowing if she'd ever see her dog again. For Ruby Kate, it was a sad moment. She knew it was expensive to get a pet-sitter to bring a dog by the nursing home each day.

This got Ruby Kate thinking: how many other nursing home residents couldn't afford simple things that brought them joy?

### **Boredom Became a Blessing**

This set Ruby in motion. She took an old notebook and began visiting these elderly folks and asking them what they missed the most from their former world. She call it their "Wish List" and asked residents for three wishes they wanted most. She got responses like:

- Fast Food
- Paperback books
- Dr. Pepper
- My pet
- A better pillow
- My favorite candy bars
- Magazines
- A cell phone
- Fresh fruit

Once she had some tangible wishes, Ruby Kate was motivated to get their wishes fulfilled. She launched a Facebook page called: "Three Wishes for Ruby's Residents." Then, her mother helped her set up a GoFundMe account to help pay for those wishes.

In a relatively short amount of time, she had raised over \$70,000.

In fact, GoFundMe took note and named Ruby Kate "Kid Hero of the Month." Her mom got emotional watching her daughter take a boring day and turn it into something redemptive, in service to others who can't do it for themselves. Most elderly residents in nursing homes rely on Medicaid, leaving them just a small amount of money each month for spending. The system hopes for family members to make up the rest. The problem is -- many residents have no family to visit them. So, with the money, Ruby makes trips to retail stores to pick up the items those elderly people wished for - then when she returns, she's a bit like Santa Claus.

Continued on the next page

Most residents rarely smile—but Ruby Kate made them melt. There were smiles. Tears. Hugs. Laughter. And, then, the idea grew.

Ruby Kate’s mother jumped in to help. She recruited a 74-year-old resident, Marilyn Spurlock, who said, “I’ve been here so long, I no longer felt useful. This gives me something to do. It took away a lot of my depression because I felt worthless and couldn’t do anything to help anybody. Now I can.”

So What Can We Learn From This Young Leader?

- I think I spotted a few transferrable concepts from Ruby Kate’s story:
- Teach students to view boredom as an ally—not an adversary.
- As students become bored, enable them to look outward—not inward.
- As they look outward, teach them to look and listen to the needs of others.
- As they spot a need, coach them to use what they have to meet that need.
- As they pursue meeting needs, help them see their own needs get met.

“I think Ruby’s starting a movement,” her mom said. “Recognizing a need and just doing something about it. This is just about their quality of life—bringing them joy.” Wow. And to think it all started with a boring day.

(Tim Elmore is founder of “Growing Leaders”; go to [www.growingleaders.com](http://www.growingleaders.com) to learn more.)

### **NOMINATING TEAM**

As the current Council approaches the end of their three-year term of leadership, it is time to identify the next group of leaders for the Council. As we have done in the past, we again have a team of 4 disciples who will meet to review the membership, identify possible leaders and ask them to serve for the next three years. Traditionally the Nominating Team is comprised of two from the current council—Judy Walks Lankes and Laurette Gonet, have agreed to serve—and two at-large members—Carol Smith and Kayla Smith have volunteered to serve. The team works with Pastor Ron. Should any of these disciples approach you to ask about serving on our Congregation Council, I ask that you give prayerful and careful consideration because the Team see leadership abilities in you!

Also, thanks to the four disciples who will serve as the Nominating Team.

### **ANNUAL CONGREGATIONAL MEETING**

Mark your calendars now and reserve the date for the Annual Congregational Meeting set for

**Wednesday, May 8.**

All are invited to a congregational dinner at 6 pm in Fellowship Hall.

The formal meeting will begin at 7 pm in the Worship Space.

Watch for the Annual Bulletin of Reports that will be available some weeks before the meeting.





## APRIL BIRTHDAYS

Jean Quinn	1
Dick Frisque	3
Delores Breon	4
Taylor Gonet	5
Rosalind Cowan	6
Joanne Smith	8
Bethany Fedorko	10
Danielle Lanagan	12
Caitlin Gallo	12
Tim Lorich	14
Angelo Card	15
Marlin Donahey	15
Seth Trout	16
Robert Bernlohr	20
Rachel Webb	22
Carol Smith	24
Jacob Wenrich	26
Linda Lorich	27



INTERFAITH  
HUMAN  
SERVICES

*Communities of faith collaborating to help neighbors in need.*

### Wish List for Free Furniture and Appliance Recycling Program

The Free Furniture and Appliance Recycling Program allows low-income families to receive furniture and major appliances at no cost. This allows them to stretch their limited budgets and best support their family. It is through the generosity of the community that we can provide these items to families in need.

IHS currently needs the following items for families in need:

- Washers and dryers
- Beds
- Sofas (no sofa beds)

To donate an item, please call Harry, furniture coordinator, at (814) 234-7731. He will pick it up from you with our 10-foot box truck.

### Office Wish List

To make better use our donor dollars for programs, we are asking for in-kind donations of the following items:

- Forever stamps, Forever stamps, Forever stamps!
- Sheetz gas cards (This would help us save gas money for the truck we use to pick up donate furniture to donate to people in need.)
- Lysol or Clorox wipes
- Paper towels, toilet paper, tissues, kitchen sponges

*Thank you for your wonderful support!*

Interfaith Human Services  
251 Easterly Parkway, Suite 200  
State College, PA 16801  
(814) 234-7731  
[www.IHS-CentreCounty.org](http://www.IHS-CentreCounty.org)

## TRINITY LUTHERAN CHURCH

### STAFF

Pastor Ronald C. Miller, Jr.  
tlcrevron@comcast.net

Beth Robbins  
Office Administrator  
tlcoffice2@comcast.net

Barbara Roberts  
Pianist  
barbroberts1960@gmail.com

Brian Woodland  
Custodian  
oppgrade9@yahoo.com

Heather Brewer  
Choir Director, Bell Choir  
heatherbrewer8305@gmail.com

### COUNCIL

SEPTEMBER 2016 - JUNE 2019

#### EXECUTIVE TEAM

John Waters, President (jrw8@psu.edu)  
Judy Lankes, Vice President (jwalks@aol.com)  
Laurette Gonet, Secretary (Laurette.Gonet@gmail.com)

#### CHURCH PROPERTIES TEAM LEADER

Jay Aubuchon (jayaubuchon@gmail.com)

#### MEMBERS AT LARGE

Scott Sheaffer (sheaffer@mac.com)  
Sue Glad (gladsam@comcast.net)  
Elaine Burn (ejb559@comcast.net)  
Sue Ellen Krupa (sekrupa77@gmail.com)

#### FINANCIAL TEAM

Karen Hammel, Treasurer (hammelk519@gmail.com)  
Debbie Fryer, Financial Secretary (debbieconrad19522@yahoo.com)